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1 diameter mandrel. Once in position in the body lumen, the stent is heated, resulting in its  
2 entering back into the Austenite state, wherein the spring tension is restored, urging it back  
3 toward the set position.. An alternate design uses outwardly flanged ends to provide increased  
4 resistance with the lumen wall.

## 6 SUMMARY

7 It is therefore an object of the present invention to provide an improved stent that can be  
8 readily removed.

9 It is a further object of the present invention to provide a stent that effectively resists  
10 migration after installation.

11 It is another object of the present invention to provide a stent that has a coating for  
12 delivery of a treatment substance.

13 Briefly, a preferred embodiment of the present invention includes a secure stent for  
14 maintaining a luminal opening constructed preferably as a tubular structure of NiTi material or  
15 bioabsorbable polymer. The circumference of the tube is preferably in the shape of a polygon in  
16 contrast to the circular or oval shape of a body lumen into which the stent is to be placed. The  
17 polygon shape and ribs provide interference with the lumen wall and resist stent migration. The  
18 diameter of the stent tube is configured with each end enlarged providing flanges for interference  
19 with a lumen wall. The central portion of the stent is bulged out to an increased diameter to  
20 provide an enhanced lumen wall resistance to avoid migration. In addition, the locking feature  
21 of a ribbed structure prevents the stent from collapsing, and thereby maintains the lumen  
22 opening. The stent is preferably constructed from polymers, including bioabsorbable polymers,  
23 and/or super elastic materials. The bioabsorbable polymer construction aids removal by causing

1 a reduction in the tube diameter as material is absorbed by body material. Attachment for  
2 removal of the stent can then be accomplished by simply grasping the proximal end of the stent.  
3 Alternatively, a stent constructed entirely of bioabsorbable material will eventually be entirely  
4 absorbed, avoiding the need for removal. Alternatively, the stent can be constructed of NiTi or  
5 other shape memory material and set in the desired shape at a high temperature. Installation is  
6 accomplished by cooling the stent to the malleable Martensite state and winding it on a small  
7 diameter mandrel of an insertion/removal tool. The compacted stent is then placed in a probe  
8 and inserted in a body lumen, whereupon it is heated to an Austenite state where it regains its  
9 spring tension, forcing it back toward the set shape. Removal is accomplished by cooling the  
10 stent to the malleable Martensite state and pulling it out. If the selected material is  
11 bioabsorbable, the stent generally does not have to be removed.

#### IN THE DRAWING

12 Fig. 1a contains side and end views of a preferred embodiment of the stent of the present  
13 invention;

14 Fig. 1b shows an alternate embodiment with a circular end view;

15 Fig. 2a shows a stent with a hexagonal cross section of constant area;

16 Fig. 2b shows a hexagonal stent with a concave central section;

17 Fig. 2c shows a stent with a hexagonal cross section and convex/bulbous central section;

18 Fig. 3 shows a stent formed from perforated, thin flat material;

19 Fig. 4a is a view of flat, stepped material for forming a stent;

20 Fig. 4b shows the stepped material formed in an expanded spiral;

21 Fig. 4c shows the stepped material in a tight , compact form;

1 Fig. 5a is a perspective view of an expanded stent constructed with narrow, flat  
2 protrusions;

3 Fig. 5b shows the stent of Fig. 5a wound in a compact form;

4 Fig. 6a shows a stent similar to Fig. 5a with a corrugated elongated protrusion;

5 Fig. 6b shows the stent of Fig. 6a wound in a compact form;

6 Fig. 7a shows sharply and evenly corrugated sheet material;

7 Fig. 7b shows a stent wound from the corrugated material of Fig. 7a;

8 Fig. 7c shows a stent having an alternate wound form, and constructed from the material  
9 of Fig. 7a;

10 Fig. 7d shows a stent wound from material with alternating abrupt and tapered lengths;

11 Fig. 7e illustrates a stent wound from a corrugated material with abrupt points separated  
12 by curved sections;

13 Fig. 7f shows a stent wound from continuously curved corrugated material;

14 Fig. 7g illustrates holes in stent material;

15 Fig. 8 illustrates the use of a turn block to expand and contract the cross section of a  
16 stent;

17 Fig. 9 shows a scissor-jack for expanding and contracting a stent;

18 Fig. 10 illustrates the use of a biodegradable coating over a stent base;

19 Fig. 11 is a list of bio-absorbable/biodegradable materials;

20 Fig. 12 is a list of anti-microbial coating materials;

21 Fig. 13 lists coating materials that can be used as lubricants;

22 Fig. 14 is a list of drugs/pharmaceuticals, etc. for inclusion in a stent coating;

1 Fig. 15 shows a stent base of smaller diameter with perforations through which a material  
2 can be ejected to secure the stent base to a body lumen wall;

3 Fig. 16 illustrates a stent in the form of a balloon;

4 Fig. 17a illustrates an endoscopic instrument for inserting a stent;

5 Fig. 17b is an expanded view of a stent and ejection device in reference to Fig. 17a;

6 Fig. 18 shows a polycatheter and balloon device for inserting a stent; and

7 Fig. 19 illustrates a simple stent installation tool.  
8

### 9 **DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENT**

10 A preferred embodiment of the present invention is illustrated in Fig. 1a wherein a  
11 tubular stent 10 formed from coiled wire 11 is shown in a longitudinal view 12 and an end view  
12 14. The present invention includes longitudinal variations in the stent cross section, the  
13 longitudinal direction defined by axis 16. The stent 10 has a flared proximal end 18 and a flared  
14 distal end 20. The middle portion 12 is bulged out. The combination of these variations in the  
15 cross section, *i.e.* variations in the distance of the tube wall from axis 16 as a function of distance  
16 along the axis 16, including flared ends 18, 20 and the bulged midportion 22 results in a stent  
17 with an increased strength to retain a lumen wall, and an increase in resistance to stent  
18 migration/movement in a body lumen. The bulged central/midportion 22 is important in that it  
19 provides greater strength in resisting lumen wall pressure than a straight tube section would  
20 provide. The stent wall can be constructed from any of various biologically compatible  
21 materials, such as NiTi, stainless steel, and various biodegradable polymers. The benefit of the  
22 construction is that pressure on the rim 24 of the flares 18, 20 is transferred in part to bulbous  
23 midsection 22, giving it greater strength. The end view 14 illustrates another feature of the

1 present invention, showing the outline of the rim 24 of the distal end 20 of the flare. This  
2 hexagonal shape continues for the entire length of the stent 10, varying in area from a maximum  
3 at the ends 18, 20 and in the middle 22 to a minimum contour 26 between the midsection and  
4 flared ends. The hexagonal shape is a preferred embodiment, but other irregular shapes are also  
5 included in the spirit of the present invention. The novel purpose of an irregular outline for a  
6 stent is to provide increased frictional contact with a typically round or oval shaped lumen wall.  
7 The pressure of the irregular shaped stent against the lumen wall causes the wall to expand and  
8 partially conform to the stent outline. The irregular shaped stent contour provides areas (for  
9 example at 28) of increased pressure, resulting in more resistance with the body lumen wall than  
10 would occur if the stent outline were round or oval, such as illustrated in the alternate  
embodiment of Fig. 1b.

11 Fig. 2a shows an embodiment utilizing only the irregular cross-section feature, without  
12 the variation in cross-section over the length of the stent. Figs. 2b illustrates the use of the  
13 irregular cross-section combined with flared ends. Fig. 2c shows a stent with only a bulged  
14 middle. Fig. 2d shows a stent 33 formed by slotting the stent material on each end 35, 37 and in  
15 the middle 39, and then expanding the ribs 41 outward. The ribs 41 can be a flat ribboned shape  
16 or as generally shown, or they can be further configured as illustrated with rib end sections 43  
17 and 45 that are bent outward longitudinally to provide a sharper rib shape, such as the ribs shown  
18 in Fig. 6b, 7c, etc.  
19

20 Fig. 3 shows the use of a thin sheet material 30 to form a stent 32. The perforations 34  
21 are optional. The slot 34 allows the stent 32 to be readily collapsed for insertion and removal.

22 Figs. 4a - 4c illustrate a stent construction using a flat ribbon type of material that is cut  
23 in steps as shown in Fig. 4a. The steps are therefore formed in the plane of the flat, sheet/ribbon

1 material as distinguished from steps or corrugations that will be shown in subsequent figures of  
2 the drawing. When the material of Fig. 4a is wound on a mandrel, it has an expanded form as  
3 shown in Fig. 4b. It can be heated and set in the expanded configuration of Fig. 4b, and then  
4 compressed by further winding to a smaller configuration such as Fig. 4c. The step lengths " $d_1$ "  
5 determine the minimum circumference of the tightly wound stent as shown in Fig. 4c. Each  
6 "turn" of the stent is spaced from the next by the distance  $d_2$  which can be any value desired.

7 Figs. 5a and 5b illustrate another alternate stent 38 embodiment. Constructed from flat  
8 material of width " $w$ ", it is bent, forming a plurality of short protrusions 40 of lengths  $h_1$  and a  
9 single elongated protrusion 42 of length  $L$ . The protrusions 40 and 42 are joined with a radius  $R$ ,  
10 allowing an open lumen 44 through the full length of the stent which is the width " $w$ " of the flat  
11 material. The stent 38 is placed in a cylindrical shape as shown in Fig. 5b by winding the  
12 elongated protrusion 42 around the axis 46 of the stent lumen 44, in the process folding/bending  
13 over the short protrusions 40 resulting in a compressed stent 38 of small diameter  $D$  for insertion  
14 into a body lumen. Figs. 6a and 6b illustrate an alternate embodiment 48 of the same general  
15 type as shown in Figs. 5a and 5b. The elongated protrusion 50 has a corrugated side 52 that is  
16 included to increase contact resistance with a body lumen wall to reduce stent migration. Fig. 5b  
17 shows the compressed, wound state of the stent, clearly showing the corrugated side 52 facing  
18 outward. This figure also clearly illustrates bent shorter protrusions and a stent lumen 56 that are  
19 features in common with the stent 38 of Figs. 5a and 5b.

20 A further alternate stent embodiment 58 is shown in its wound compressed state in Fig.  
21 7a. It is formed from a corrugated material 59 as shown in Fig. 7b. Additional alternate stent  
22 embodiments constructed from corrugated sheet material are shown in Figs. 7a-7g. Shown in

1 Fig. 7a is an evenly bent material 58 which can be wound to form stents 59 and 61 as shown in  
2 Figs. 7b and 7c.

3 Fig. 7d shows a similar stent 63, differing from stent 61 in that the sheet material is bent  
4 so as to provide abrupt ridges 65, which interfere with each other to resist winding once the stent  
5 63 is expanded, providing a self-locking feature.

6 In fact, all of the stents of Figs. 7b-7f provide a degree of resistance to  
7 compression/rewinding due to the resistance provided by interfering corrugations. Stent 75 of  
8 Fig. 7f provides the least resistance, having smoothly formed corrugations. Expansion is  
9 encouraged in the stent 61 design of Fig. 7d by the more gently sloping ramps 67.

10 The stent 69 of Fig. 7e uses ridges 71 separated by curved portions 73. In Fig. 7f the  
11 stent 75 is constructed of continuously curved corrugations 77. Any of the stents constructed of  
12 sheet material can also have holes, such as holes 79 in stent 81 of Fig. 7g.

13 The stents of Figs. 1-7 are preferably constructed of a shape memory material and heat  
14 set in an expanded configuration in the Austenite state. In order to insert the stent in a body  
15 lumen, it is cooled to the Martensite state wherein the material becomes malleable, lacking  
16 resiliency. In this state, the material can be reformed to a compact state. In this compact state, it  
17 can be inserted into a body lumen. The stent is preferably placed on a mandrel that is part of an  
18 insertion tool prior to cooling and compacting.

19 A preferred shape memory material is nitinol (NiTi), but the present invention includes  
20 the use of other shape memory materials that will be apparent to those skilled in the art. In  
21 addition, the stent material can be a biodegradable material, such as a biodegradable polymer.  
22 The stents can also be made from a combination of biodegradable and non-degradable materials.  
23 For example, in Fig. 7f, the outer layer can be constructed from a biodegradable material, and the



1 inner layer can be constructed of a non-biodegradable material. In this case, when the outer layer  
2 is absorbed, the inner layer can be removed.

3 The stents can also be constructed from nitinol or other super elastic material,  
4 processed/heat-treated to what is known as a "super elastic" state. In this state the material  
5 retains its resiliency at lower temperatures, and can be used for a permanent stent installation.  
6 Removal would require use of a tool to cut or compress the stent.

7 The stents of Figs. 1a through 2c, and Figs. 4b, 5a, 6a and 7b are all shown in an  
8 expanded state. When they are constructed of a shape memory material and heat set in this  
9 expanded state, they can then be cooled and wound or otherwise compressed to minimize the  
10 size during insertion into body lumen. The shape of Figs. 4c, 5b, and 6b are all examples of a  
11 compressed stent in its Martensite state. After insertion in a body lumen, the temperature rises  
12 and the material returns to the Austenite state, regaining its resiliency, and causing a force  
13 against a body lumen wall in the effort to return to the original state. The stent 58 as shown in  
14 Fig. 7a can conceivably be further compressed for insertion by bending the protrusions.

15 As mentioned above, the stents as disclosed herein can be made out of any bio-  
16 compatible material that will allow some method of insertion and removal from a body lumen.  
17 The stents of Figs. 1-7 could be constructed of a permanently resilient material such as stainless  
18 steel, and could be collapsed with some difficulty for installation in a probe for insertion.  
19 However, removal in such a case would generally require a forceps. Constructing the stents of  
20 Figs. 1-7 with a shape memory material as discussed above is preferred. After cooling the stent,  
21 it can be wound, folded, collapsed, etc. as required in order to be loaded into a probe lumen for  
22 transport into a body lumen. A push rod in back of the stent in the probe lumen can be used to  
23 eject the stent once the probe is in the desired location. As discussed above, the stent is then

1 simply heated, by any of various means including body temperature or a warm saline solution to  
2 bring the stent back to the Austenite state wherein it regains its original resiliency. Removal is  
3 accomplished by injecting a cool saline solution to bring the stent back to the malleable  
4 Martensite state, whereupon it can be readily pulled out.

5 The flared ends 18, 10 of Fig. 1 provide resistance with the body lumen wall, keeping the  
6 stent from moving in the lumen. The bulbous portion 22 is placed where maximum body lumen  
7 enlargement is required. The force of the body lumen on the stent portion 22 tends to cause the  
8 ends 18 and 20 to expand, which provides enhanced resistance with the lumen walls to avoid  
9 migration. The force of the ends 18 and 20 on the body lumen wall is also reflected back to  
10 provide resistance to compression of portion 22.

11 Other shapes for the circumference/cross-section of the stents are also included in the  
12 spirit of the present invention. For example, the polygon shape in Fig. 1 could be square, five-  
13 sided, an octagon as shown, etc., or other irregular shape to increase resistance between the stent  
14 and the body lumen wall. The present invention also includes a circular or oval circumference,  
15 as indicated in Fig. 1b.

16 An alternate method of collapsing and expanding a stent is illustrated in Figs. 8 and 9.  
17 An expansion and contraction apparatus can be installed inside a stent that is constructed of sheet  
18 material. Fig. 8 shows a turn block 60 that can be activated to contract the diameter of a stent 62  
19 for insertion in a body lumen. The turn block can then be applied to expand the stent against the  
20 lumen wall. When removal is required, the reverse procedure is applied. Fig. 9 shows a similar  
21 arrangement where a scissor apparatus 64 (similar to a small car jack) is used to expand and  
22 contract the diameter of a stent 66.

Fig. 10 illustrates another embodiment of a stent 68 that is designed for temporary use. NiTi or other biologically compatible material 70 is used to form a stent base. A coating of biodegradable material 72 is placed over the base 70. The base can optionally also be made of biodegradable material. The base 70 can be of any desirable configuration that can be collapsed for insertion in a probe lumen for installation in a body lumen, including structures similar to those of Figs. 1-7. The expanded size of the base 70 is preferably small enough to clear the size of the body lumen into which it is to be placed, if it is not biodegradable, so that when the material 72 is absorbed by the body, the base 70 can be easily removed. A second coating 74, or first coating if coating 72 is omitted, can be included. The coating 74 is generally for inclusion of some type of treatment substance, but can be for any purpose, including the purpose of providing interference with the body lumen walls. If coatings 72 and/or 74 are for determining the stent size, the selection of material 72 and thickness depend on how long the stent is to remain in the body. After the material has been sufficiently absorbed, the stent base can be removed by simply grasping it with an appropriate device through an endoscope lumen, for example. This procedure avoids the need to compress the stent for removal, although collapsible stents can also be used. If the stent base is biodegradable, it will eventually be absorbed, and may therefore not have to be removed.

Fig. 11 lists various biodegradable materials that can be used to coat a stent, as indicated above. The stents, or stent bases, described above can be constructed from NiTi or a biodegradable polymer, or any other appropriate material known to those skilled in the art, such as stainless steel or any of various compatible polymers. As mentioned above, stents can be constructed entirely from biodegradable material. A number of these are listed in Fig. 11 and will be recognized by those skilled in the art as applicable to the construction of the stent designs

disclosed herein. The benefit of using an all biodegradable material is to avoid the necessity of any removal of a stent.

Coating materials for layer 74, as discussed above in reference to Fig. 10, include, but are not limited to those listed in Figs. 12, 13 and 14. Fig. 12 lists anti-microbial coating materials to reduce the possibility of infection. Fig. 13 lists a selection of materials that reduce friction, *i.e.* for lubrication. Fig. 14 lists various drugs/pharmaceuticals, etc. as examples of potentially beneficial materials that can be applied to the stent to provide a localized treatment of body tissues.

Another embodiment of the present invention is illustrated in Fig. 15 wherein a cylindrical stent base 76 includes a plurality of holes 78. The stent base 76 is inserted in place in a body lumen. An injector probe, symbolically illustrated as item 80, is then inserted inside the base 76, and a bio-compatible material 82 is injected and forced out the holes 78 and against the wall of the body lumen (not shown). The material 82 would preferably be constructed to harden *i.e.* set-up quickly after injection.

A still further embodiment of the present invention is illustrated in reference to Fig. 16 wherein an inflatable balloon is used as a temporary stent. The balloon 84 is shown in its uninflated state by solid lines 86. The balloon has a lumen 88 therethrough. The walls of the balloon are constructed with variations of thickness to force expansion in desired directions. The wall 90 of the lumen 88, and the walls of the flared end sections 92, 94 are thicker to avoid expansion. The wall 96 of the outside center portion is thinner to force expansion upon balloon inflation, the inflated state indicated by the dashed lines 98. A self-sealing inflation port 100 is provided on a proximal end 102. The distal end 104 is inserted first in the body lumen.

1 A method and apparatus for inserting a stent is illustrated in Figs. 17a and 17b utilizing  
2 an endoscopic instrument 106. The instrument 106 has a telescope 108, an irrigation/aspiration  
3 port 110, and a slide trigger 112. Section "A" of Fig. 17a is shown enlarged in Fig. 17b. The  
4 endoscopic instrument 106 includes a probe 114, in which is inserted a first tube 116 through  
5 which a telescope probe and/or instrument can be passed. A stent 118 is assembled over the first  
6 tube 116. In order to eject the stent from the tube 116, a second tube 120 is provided encircling  
7 the first tube 116. The second tube 120 is linked to the slide trigger 112 and pressing the trigger  
8 112 in toward handle 122 moves the second tube 120 to eject the stent from the probe 114. With  
9 the stent in place in the body lumen, it will immediately expand if it is constructed from a  
10 permanently resilient material such as stainless steel. If it is constructed from a shape memory  
11 material such as Nitinal ( $\text{NiTi}$ ), it would have been cooled prior to insertion and compressed in  
12 the Martensite state. When it is in place in the body lumen, it expands when its temperature is  
13 raised, bringing it back into the Austenite state and regaining its resiliency. Removal of the  
14 shape memory material is accomplished by cooling the stent to bring it into the maleable  
15 Martensite state and then simply pulling it out.

16 Fig. 18 illustrates another tool that can be used to insert a stent, including a polycatheter  
17 124 having two one way valves 126 and 128. The catheter 124 has a probe 130 upon which is  
18 mounted a first balloon 132 supplied with air by way of valve 126 and a second balloon 134  
19 supplied with air by way of valve 128. A stent 136 is positioned around the second balloon 134.  
20 The stent 134 shown in Fig. 18 is formed from flat ribbon material for ease of illustration, but  
21 any of the stents disclosed above in Figs. 1-4, as well as others that will be apparent to those  
22 skilled in the art can be installed. The ends 138, 140 of the stent material are releasably attached

1 to the probe 130. The method of attachment can be through use of an adhesive, or by way of  
2 other fragile connection.

3 Insertion of the stent 136 is illustrated in Fig. 18, with the catheter inserted in a urinary  
4 tract 142 and the stent 136 positioned adjacent the prostate 144. The first balloon 132 is  
5 positioned just inside the bladder 146 at this point in the procedure. Air is applied to the first  
6 balloon 132 through one way valve 126, expanding it as shown by dashed lines 148 to contact  
7 the bladder wall, securing the catheter 124 in place. The second balloon is then inflated through  
8 valve 128. As the balloon 134 expands, tension is placed on the attachment of the ends 138 and  
9 140 until they break, freeing the stent 136 to expand against the wall 150 of the urinary tract  
10 142. If the stent is stainless steel or other permanently resilient material, it will immediately  
11 expand upon breaking the attachment ends 138 and 140. If the stent is a shape memory material,  
12 it will expand after first being raised in temperature to the Austenite state, which may occur from  
13 body temperature or by injection of a heated solution into the urinary tract.

14 Fig. 19 is a simplified sketch for illustrating some of the features of a stent insertion tool.  
15 The tool 152 includes a body probe 154 for insertion in a body lumen, and an installation probe  
16 156. An apparatus 158 includes a housing 160, a spring 162, and plate 164 attached to the probe  
17 156, all configured to apply a spring force to retain the probe 156 inside probe 154 during  
18 traversal of a body lumen. With the probe head 166 in place, an operator pushes on the button  
19 168, impelling the stent as explained above. Upon releasing the button, the spring 162 retracts  
20 the probe 156.

21 Although the present invention has been described above in terms of specific  
22 embodiments, it is anticipated that alterations and modifications thereof will no doubt become  
23 apparent to those skilled in the art. It is therefore intended that the following claims be

1 interpreted as covering all such alterations and modifications as fall within the true spirit and  
2 scope of the invention.

3 It is claimed that:

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